## Objective (Learning Outcomes)

By the end of this lesson, students will be able to:
1. Recall the key events surrounding Jesus' resurrection.
2. Explain how the resurrection fulfilled the prophecies of Jesus.
3. Realize that Jesus' victory over death gives us hope for eternal life.
4. Develop the habit of living joyfully as children of the Resurrection.

## Starter

🌱 **"Seeds of Life" (5 mins)**

Purpose: To help students understand resurrection through a simple, natural symbol.
Materials: One dry seed and a small plant (or sprouted seed in a cup).

Process:
1. Hold up the dry seed and ask:
"Does this look alive? Can it grow if I just keep it in my hand?"
(Students will answer "No.")

2. Say:
"To grow, it must first be buried under the soil — it disappears for a while."

3. Then show the sprouted plant and say:
“But after being buried, new life comes forth!
This is exactly what happened to Jesus. He was buried — but on the third day, He rose again with new life.”

4. Transition to lesson:
“Today, let’s see how Jesus, like this seed, triumphed over death and brought us new life that never ends.”

## Presentation (15 minutes)

**A. The Empty Tomb**
Mary Magdalene and other women went early to the tomb (Mt. 28:1–10).
The angel announced: “He is not here; He is risen.”
Their fear turned into joy — they became the first witnesses of the Resurrection.
Ask: How do you think they felt when they saw the empty tomb?

**B. Proof of Resurrection**
Peter and John ran to the tomb (Jn. 20:4–8).
The empty tomb and neatly folded linens proved something miraculous happened.
The Resurrection became the core of our faith (1 Cor. 15:14)

**C. Jesus Appears to His Followers**
To Mary Magdalene — she recognized Him when He called her name.
To the disciples — “Peace be with you.”
To Thomas — “Put your finger here… Do not doubt but believe.”
Jesus appeared many times for forty days, teaching about God’s Kingdom.

**D. Meaning for Us**

Jesus' Resurrection shows that life is stronger than death, and love is stronger than sin.

Just like a seed dies and grows again, we too are called to "die" to sin and rise to new life in Christ.

## Habit Formation

🌿 **"Live the Resurrection Daily"**

Encourage students to make one of these habits:

- Begin each day by saying: "Jesus, You are alive in me today."
- Bring hope and joy to others through kind words or smiles.
- Face difficulties with faith, remembering that Jesus conquered even death.

## BIBLE VERSE FOR REFLECTION

📖 1 Corinthians 15:14

> "If Christ has not been raised, then our proclamation has been in vain and your faith has been in vain."

## ACTIVITY

📽️ **"Resurrection News Reporter"**

- Divide the class into 3–4 small groups.
- Each group acts as reporters in Jerusalem on Easter morning.
- They create a short 2-minute "news report" about the empty tomb:
- What happened?
- Who saw it?
- What message will you share with the world?
- Encourage creative headlines like "Breaking News: He is Risen!"
- After performing, discuss how we too are called to share the good news today.

# CONCLUSION & PRAYER

O Risen Lord Jesus,

You are the light and life of the world.

Help us rise from sin and live joyfully in Your love.

Make our hearts bloom with hope, like seeds that grow into new life.

Amen. 🌷