Objective (Learning Outcomes)

By the end of this lesson, students will be able to:

- Learn how Jesus interpreted the Old Testament to reveal God's plan through 'The Emmaus Experience'
- Purpose of the Liturgy of the Word in the Holy Mass
- Reflect on how Jesus is truly present in the Holy Mass today.

1.Introduction (05 min)

Read Luke 24:13–35 aloud in parts.

Discussion Prompt:

- What were the emotions that the disciples went through as they went to Emmaus?
- What did Jesus do to help them overcome these emotions?
- When did the disciples actually recognise Jesus?

II. Jesus the fulfilment of the Scripture (10 minutes) [What Jesus spoke to the disciples on the way to Emmaus]

1.Jesus is not just a teacher but the fulfilment of the Scriptures.

2.The Old Testament was preparing the way for Him.

	Prophecies of Jesus	Old Testament Scripture
1	Messiah would be born of a woman.	Genesis 3:15
2	Messiah would be born in Bethlehem.	Micah 5:2
3	A messenger would prepare the way for Messiah.	Isaiah 40:3-5
4	Messiah would be rejected by his own people.	Psalm 69:8
5	Messiah would be sent to heal the broken-hearted.	Isaiah 61:1-2
6	Messiah would enter Jerusalem on a donkey.	Zechariah 11:12
7	Messiah would be silent before his accusers.	Isaiah 53:7
8	Messiah would be crucified with criminals.	Isaiah 53:12
9	Messiah's hands and feet would be pierced.	Zechariah 12:10
10	Soldiers would pierce Messiah's side.	Zechariah 12:10
11	Messiah would be buried with the rich.	Isaiah 53:9
12	Messiah would resurrect from the dead.	Psalm 16:10
13	Messiah would ascend to heaven.	Psalm 24:7-10
14	Messiah would be seated at God's right hand.	Psalm 68:18

Summary & Takeaway:
Reinforce Key Points:

- The words of the Old Testament inspired by God point to the salvation that was to be fulfilled through Jesus.
- Whenever we read the word of God contemplatively, we are experiencing Jesus himself
- Jesus still interprets Scripture for us today—through the Church, prayer, and the Holy Spirit.

III Purpose of the liturgy in the mass

1. God Speaks to His People
   - In the readings, God Himself speaks to us through Sacred Scripture. Just as Jesus explained the Scriptures to the disciples on the road to Emmaus (Luke 24), He does the same for us in every Mass.
2. To Reveal God's Plan of Salvation
   - The readings trace the story of God’s love and redemption, from the Old Testament to the New Testament.
3. To Nourish Faith
   - Scripture strengthens and deepens our understanding of the faith.
   - Hearing the Word regularly helps us grow spiritually and morally.
4. To Call Us to Conversion
   - It helps us recognize our sins and turn back to God.
5. To Prepare Us for the Eucharist
   - The Liturgy of the Word prepares our hearts to receive Jesus in the Eucharist.
   - Like the disciples in Emmaus, our hearts are set on fire before we recognize Him in the breaking of the bread.

🕊️ **In Summary:**
The Liturgy of the Word is a living dialogue between God and His people.
It teaches, convicts, and prepares us to encounter Christ more deeply in the Eucharist.

IV The Presence of Jesus in the Holy Mass

Jesus is truly and fully present in the Holy Mass in four distinct ways. Each one helps us recognize that the Mass is not a routine, but a living encounter with the Risen Lord.

1.In the Word (Scripture)

·When the Sacred Scriptures are proclaimed, especially the Gospel, Jesus Himself speaks to us.

2.In the Person of the Priest

- The ordained priest acts in persona Christi — "in the person of Christ."
- When he says, "This is my Body," it is Jesus Himself acting through the priest.

3. In the Assembly (the People of God)

- Jesus is present wherever two or three are gathered in His name.

4.In the Holy Eucharist (Most Fully)

- Jesus is truly, really, and substantially present in the Eucharist — Body, Blood, Soul, and Divinity.
- This is called the Real Presence, made possible through transubstantiation during the Consecration.

Activity

Give students a blank "invitation card" template. Ask them to imagine it is from Jesus, inviting them to the next Mass.

On one side, write: "Dear [Name], I want to meet you in the Mass."

On the other side, they write their response:

"Jesus, at the next Mass, I will come ready to…"

(e.g., Listen better, focus during readings, receive You with love)

Bible Verse

John 6 :63